

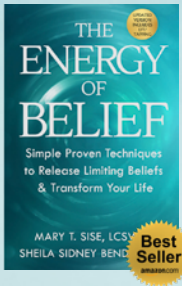
ALIGN WITH YOUR SOUL.

unlock your true potential.

Mary Sise



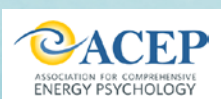
MARY'S BOOKS



“The Energy of Belief is a powerful breakthrough book that can help you change your life.”

Joan Borysenko, PhD
Author of *Your Soul's Compass*

AS FEATURED ON



COACH, SPEAKER & BEST-SELLING AUTHOR

During my early years as a therapist, my focus centered on helping others heal trauma. Disheartened by the slow pace and potential re-traumatization of conventional approaches, I embarked on a quest for faster, more effective alternatives. Through this journey, I uncovered the power of integrating clients' energy systems, enabling swift anxiety reduction, reprogramming of negative beliefs, trauma release, and restoration of wholeness and peace. Most importantly, these techniques empower clients, freeing them from their past and guiding them to align with their soul to create a new, fulfilling life. Today, I am committed to making these techniques accessible worldwide, recognizing the urgent need to provide relief to those profoundly affected by the prevailing chaos and trauma, especially the children.

TOPICS FOR DYNAMIC SPEAKING ENGAGEMENTS:

REPROGRAMMING THE SUBCONSCIOUS MIND: *IGNITING TRANSFORMATIONS FOR LASTING CHANGE*

Discover the profound impact of reprogramming the subconscious mind to unleash powerful transformations. Understand why affirmations are often insufficient and learn practical techniques to break free from limiting beliefs and create lasting change.

CALM IN CHAOS: NAVIGATING TURBULENT TIMES

Harness the art of calming your brain and releasing anxiety in the face of chaos and uncertainty. Explore brain science and energy psychology to find inner peace and make conscious decisions.

EMOTIONAL INTELLIGENCE FOR EMPOWERMENT: *UNRAVELING THE WHY BEHIND YOUR REACTIONS*

Gain clarity about your emotional responses and understand the origins of reactive emotions. Learn how to utilize powerful energy techniques to swiftly calm your brain and cultivate emotional resilience.

CREATING A LIFE OF FREEDOM AND PURPOSE: *INTEGRATING BRAIN SCIENCE AND SPIRITUAL PSYCHOLOGY*

Embrace a life of freedom, purpose, and impact by integrating brain science with energy and spiritual psychology. Align with your soul to unlock your limitless potential and navigate life's challenges with grace and clarity.

AWAKENING YOUR SOUL'S VOICE: *EMPOWERING INTUITION, FINDING YOUR PATH*

Embrace the path of soul loyalty by releasing limiting beliefs and stepping into your authentic truth. Let go of the grip of self-doubt and people-pleasing to more clearly hear your soul's guidance, allowing it to lead you towards the fullness of your being. Engage in transformative techniques that empower you to embrace your unique essence, creating a life of alignment, joy, and a Soul fulfilled peace.

   [MarySise.com](https://www.MarySise.com)

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