

Mary Sise, LCSW

Mary is a psycho-spiritual therapist and energy psychology pioneer. In addition to being traditionally trained as a Licensed Clinical Social Worker, Mary integrates energy psychology methods into her own practice and has trained hundreds of clinicians in these methods. She has earned her Diplomate in Comprehensive Energy Psychology. Mary has pioneered methodologies and techniques and created The Mindful Rewind/Soul Weaving Process. She has also advocated for expanded clinical understanding of the integral interrelationship of the mind, body, and spirit in the healing paradigm. She presents at conferences and develops training and course work in the areas of releasing negative beliefs, healing trauma and dissociation, and the role and responsibilities of the healer.

In 2022, Mary released an updated edition of the book she co-authored in 2007, *The Energy of Belief: Simple Proven Techniques to Release Limiting Beliefs & Transform Your Life*. In 2020, Mary wrote the Kindle bestseller *Tapping the Panic Out of Pandemic, a no-nonsense guide for navigating uncertain times*.

Mary is Past President of the Association for Comprehensive Energy Psychology, an international professional organization dedicated to training, research, and humanitarian work.

She serves as the Program Director for Her Holiness Sai Maa's Magdalena Healing program. This is a global program for those who wish to be initiated into the divine healing energies of Mary Magdalena and powerfully serve the planet.

Mary is also on the faculty of The Shift Network and has offered programs including: *Unveil the Power of Your Presence With Deep Clearing EFT*, *Manifest What Your Soul Desires by Combining the Power of Energy Medicine & Spiritual Psychology*, and *Advanced Energy Medicine Techniques for Manifesting Your Soul's Deepest Longings*.

Mary offers the opportunity to work with her in free, online Tapping Tuesday group sessions, and leads a monthly small group Energy Psychology mentorship program for therapists, coaches and healers who wish to integrate energy psychology into their practice. She is also available, by application only, for custom VIP individual Mentorship packages.



MarySise.com