

MARY T. SISE, LCSW, D.CEP

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EDUCATION

Bachelor of Arts Degree in Sociology (1974)

Siena College, Loudonville, New York

Masters Degree in Social Work (1988)

State University of New York at Albany

POST-GRADUATE TRAINING

Diplomate – Comprehensive Energy Psychology (D.CEP)

Teacher of Transformational Healing by Her Holiness Sai Maa

Qigong by Grandmaster Professor Xi-Hau Xu and Master Nan Lu

Eye Movement Desensitization & Reprocessing (EMDR) – Level 2

Reiki – Master Level

Thought Field Therapy – Diagnostic Level. Trained by developer Roger Callahan, Ph.D.

Tapas Acupressure Techniques – by Tapas Fleming L.Ac

PUBLICATIONS

Books

Tapping the Panic out of Pandemic: Amazon Kindle. (July 2020).

The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs
Co-Author Sheila Sidney Bender, Ph.D. Fulton: Energy Psychology Press (Elite Books) (2007)

The Energy of Belief: Simple Proven Techniques to Release Limiting Beliefs & Transform Your Life. Capucia Publishing. (2022).

Contributions & Published Articles

“Integrating EFT and Traditional Trauma Treatment: A Four Staged Model for Safely Treating Trauma”

Book Chapter 10 in **Clinical EFT Handbook: A Definitive Resource for Practitioners, Scholars, Clinicians and Researchers: Volume 1;** Editors Dawson Church and Stephanie Marohn. Fulton: Energy Psychology Press (2013)

“*Critical Thinking in the Energy Therapies: Comments on Gaudio et al. (2012)*”

with Eric Leskowitz, Harvard Medical School, Department of Psychiatry, Boston, MA; Phyllis K. Stein, Washington University School of Medicine, Division of Cardiology, St. Louis, MO; Anthony Tranguch, Columbia University College of Physicians and Surgeons, Department of Psychiatry, New York, NY. *Energy Psychology Journal (Volume 6, Number 1)*, May 2014.

Educational & Training Videos

“Using TFT with a World Trade Center Survivor”

Clinical Training Video

“Transforming Trauma with TFT”

Clinical Training Video

“Thought Field Therapy for Stress Management and Peak Performance”
General Education Video

MEMBERSHIPS AND ASSOCIATIONS

Association for Comprehensive Energy Psychology (ACEP) 1999-present
Past President (2004-2006) and Board of Director (2000 – 2007)
National Association of Social Workers (1987-present)

RECENT EMPLOYMENT

Center for Integrative Psychotherapy/Center for Healing & Transformation, Latham, NY
(2004-present)

Founder and Director

- Provide training for professionals and education for the public through the delivery of educational tools, workshops and events on topics related to healing the mind, body and spirit.
- Sponsor and manage speakers and events geared toward educating professionals and the general public in healing and energy work.
- Train clinicians and public (at basic level) to use Energy Psychology (EP) methods.
- Facilitate ongoing consultation/supervision group to support incorporating EP methods into clinical practice.
- Present and teach at conferences nationally and internationally on using energy therapies for trauma.

Of note: Trained hundreds of clinicians in EP methods. Developed one-day training and eight-week online course on using energy therapies for multiply traumatized patients. Collaborated with Siena College to bring internationally known speakers to the Capital Region.

Private Practice, Latham, NY (2000-present)

Clinical Social Worker

Caseload includes patients with a variety of clinical issues. Specialize in the area of Energy Psychology — using the energy systems of the body to process traumatic events, reduce stress, and reprogram negative childhood beliefs.

Magdalena Practitioner Certification Program (2017-present)

Program Director

- Develop an international certification program for Her Holiness Sai Maa
- Create coursework and operational management for this program
- Travel internationally to prepare students to be ready to receive initiations into these energies
- Supervise teachers to lead the program

Transformational Healers Program, Denver, CO (2009-2016)

Program Director

- Provide strategic vision and operational management for Her Holiness Sai Maa’s Transformational Healers Program.
- Travel internationally with Sai Maa and teach on the spiritual and energetic dimensions of health and healing.

- Lead monthly conference calls in four languages for hundreds of healers around the world to support them in their work.

Of note: Developed and supervised a multi-year, certified internship program for healers working in diverse medical or healing modalities (MDs, RNs, LCSWs, PhDs, LMTs, etc.) who wish to study intensely with Sai Maa. Clinically supervised three levels of internship students totaling over 100 students from 9 countries in three languages.

Siena College, Loudonville, NY (2001-2004)

Adjunct Professor, Department of Social Work

Taught Interpersonal Communications for the Social Work Department. Supervised field placements for students as needed.

Community Health Plan/Kaiser Permanente/Community Care Physicians, Latham, NY

(1991-2000)

Clinical Social Worker

Provided individual and group therapy for patients served by a health maintenance organization. Carried a clinical caseload of 30 individual patients per week and two therapy groups. Specialized in treatment of post-traumatic stress disorder (PTSD) and Dissociative Disorders. Facilitated a therapy group for patients diagnosed with Borderline Personality Disorder.

CONFERENCES AND PRESENTATIONS

2022

September: 7 week online course at the Shift Network. Unveil the Power of Your Presence With Deep Clearing EFT: Restore Flow, Align With Your Soul & Be a Healing Force for the World

September: Teacher Mentor

Magdalena Module 3: Technique & Methods. Three-day virtual training for groups in Europe, South America, and US/Canada.

September: NASW, New York State. *Remaining Calm in the Chaos: Acupressure Strategies to Reprogram Beliefs and Calm Down Fast.* Webinar
Workshop Presenter

June: Interviewed with Kristina Mand Lakhiani for Honest Conversations. *The Healing Power of You.*

May: Breakout Conference Presenter

Frozen in Time: Healing the Fragmented Self. 22nd Annual ACEP International Conference. San Antonio, Tx.,

June: Teacher Mentor

Magdalena Module2: Deepening into the Path of Initiation. Three day virtual training for groups in Europe, South America and US/Canada

May: Full Day Conference Presenter

Timing is Everything: Critical Information to Safely Treat Trauma. 22nd Annual ACEP International Conference. San Antonio, Tx.,

April: 9 week advanced online course at the Shift Network: Manifest What Your Soul Desires by Combining the Power of Energy Medicine & Spiritual Psychology.

March: Teacher, Program Lead

Magdalena Module 1: Purifying the Personality. Three day virtual training for groups in Europe, South America and US/Canada

January: 7 week online course at the Shift Network. Unveil the Power of Your Presence With Deep Clearing EFT: Restore Flow, Align With Your Soul & Be a Healing Force for the World

2021

September: Teacher Program Lead

Magdalena Module 3: Technique & Methods. Three-day virtual training for groups in Europe, South America, and US/Canada.

May: Conference Presenter

Disease As a Doorway. With Adam Rizvi, MD. Full-day workshop. 20th Annual ACEP International Conference. Virtual

June: Teacher, Program Lead

Magdalena Module2: Deepening into the Path of Initiation. Three day virtual training for groups in Europe, South America and US/Canada

March: Teacher, Program Lead

Magdalena Module 1: Purifying the Personality. Three day virtual training for groups in Europe, South America and US/Canada

2020

September: Teacher

Magdalena Module 3: Technique & Methods. Three-day virtual training for groups in Europe, South America and US/Canada.

March: Teacher, Program Lead

Magdalena Module 1: Purifying the Personality. Three day virtual training for groups in Europe, South America and US/Canada

May: Conference Presenter

Disease As a Doorway. With Adam Rizvi, MD. Full-day workshop. 20th Annual ACEP International Conference. Virtual

June: Teacher, Program Lead

Magdalena Module2: Deepening into the Path of Initiation. Three day virtual training for groups in Europe, South America and US/Canada

July: Teacher
NASW, New York State. *Tapping the Panic out of Pandemic: Learn a Simple, Proven Technique to Help Fearlessly Navigate Uncertain Times.* Webinar

2019

November: Teacher
Magdalena Program: Week-long tour of Jerusalem.

September: Teacher
Magdalena Module 3: Technique & Methods. Three-day training. Albany NY, Marseilles France.

August: Teacher
"Awakened Healing" with Dr. Adam Rizvi. Albany, NY

June: Teacher
Magdalena Module 2: Deepening Into the Path of Initiation. Three-day training. Mullingar, Ireland & Kansas City, Mo.

May: Conference Presenter
Safe Trauma Treatment: Critical Information Energy Practitioners Need to Know. Full-day workshop. 19th Annual ACEP International Conference. Santa Fe, NM.

May: Conference Presenter
I Never Said That! How the Pain of the Past Distorts Communication. 19th Annual ACEP International Conference. Santa Fe, NM.

April: Teacher
Magdalena Program: Teaching Week-long tour South of France

March: Teacher, Program Lead
Magdalena Module 1: Purifying the Personality. Three-day training. Brussels, Belgium & Albany, NY

2018

September: Teacher, Program Lead
Magdalena Module 3: Technique & Methods. Three-day training. Albany NY, Mullingar, Ireland.

June: Teacher
Embodying Magdalena Frequencies for the Business/Coaching Teaching Professional. Three-day training. Albany, NY.

May: Invited Conference Presenter
You Matter More than You Think! Ted Talk Style 20th Annual ACEP International Conference. Orlando, FL.

May: Teacher, Program Lead
Magdalena Module 2: Deepening Into the Path of Initiation. Three day training. Galway, Ireland & Albany, NY.

April: Guest Lecturer
Trauma Treatment. College of St. Rose, Albany, NY.

March: Guest Lecturer
Demystifying Dissociation. Albany Medical College Department of Psychiatry. NY.

March: Teacher, Program Lead
Magdalena Module 1: Purifying the Personality. Three day training. Brussels, Belgium & Denver CO.

2017

October: Teacher, Program Lead
Magdalena Module 3: Technique & Methods. Three day training. Albany NY, Denver CO. & Brussels, Belgium.

May: Guest Speaker
Trauma Consultation Hour: *Working with Challenging Cases*. Pinnacle Behavioral Health, Albany, NY.

May: Teacher, Program Lead
Magdalena Module 2: Deepening Into the Path of Initiation. Three day training. Brussels, Belgium, Albany, NY & Denver, CO.

May: Conference Presenter
The Sacred Role of the Healer: Full-day workshop. 18th Annual ACEP International Conference. San Antonio, TX.

May: Breakout Conference Presenter
Reclaiming the Heart: 18th Annual ACEP International Conference. San Antonio, Tx.,

April: Guest Lecturer
Demystifying Dissociation. Albany Medical College Department of Psychiatry NY.

March: Teacher, Program Lead
Magdalena Module 1: Purifying the Personality. Three day training. Brussels, Belgium, Denver, CO & Albany, NY.

2016

April: Guest Lecturer
Demystifying Dissociation. Albany Medical College Department of Psychiatry

March: Guest Lecturer
Trauma Treatment. SUNY School of Social Welfare. Albany, NY.

2015

August: Teacher and Emcee
Full-day Transformational Healing Conference. Philadelphia, PA.

July: Teacher and Emcee
Full-day Transformational Healing Conference. Brussels, Belgium.

May: Conference Presenter
Embodying the Presence: A Day for Healers. The Soul of Healing: Full-day workshop. 17th Annual ACEP International Conference. Reston, VA.

May: Featured Panelist
The Big Questions in Energy Psychology. 17th Annual ACEP International Conference. Reston, VA.

April: Main Conference Presenter

The Sacred Role of the Healer: Beyond Technique, Methodology & Theory. South Carolina Society for Clinical Social Workers, Greenville, SC.

March: Teacher and Emcee

Four-day Transformational Healers Intensive. Naples, FL.

January: Weeklong Conference Presenter

The Ultimate Brain Hack: Zap Your Beliefs and Get a Life. Omega Institute, Costa Rica.

2014

September: Keynote Presenter

Children, Trauma & Neuroscience. Full-day Kinship Navigator, Mid-Hudson Valley Summit. New Paltz, NY.

July: Teacher and Emcee

Full-day Transformational Healing Conference. Brussels, Belgium.

June: Breakout Presenter

Align with the Divine: The Sacred Role of the Healer. 16th Annual Association for Comprehensive Energy Psychology (ACEP) International Conference. Chandler, AZ.

May: Teacher and Emcee

Three-day Transformational Healers Intensive. Albany, NY.

March: Keynote Presenter

Rewire Your Brain: Practical Implications of Brain Research. Full-day Adverse Childhood Experiences (ACEs) Trauma & Response: A Capital District Symposium. Albany, NY.

February: Teacher and Emcee

Full-day Transformational Healing Conference. Miami, FL.

2013

November: Breakout Presenter

Beyond Technique: The Sacred Role of the Healer and Touch & Breathe to Release Blocking Beliefs. Five-day Holistic Healing Cruise Evolving Conscious Community.

October: Keynote Presenter

The Trauma/Pain Connection. Full-day Northeast Regional Biofeedback Society 2013 Annual Conference. Albany, NY.

September: Teacher and Emcee

Full-day Transformational Healing Conference. Brussels, Belgium.

June: Teacher and Emcee

Full-day Transformational Healing Conference. Albany, NY.

May: Breakout Presenter

Emptiness Walking: Reclaiming the Soul after Trauma. 15th Annual ACEP International Conference. Reston, VA.

May: Conference Presenter

The Soul of Healing: Integrating Energy Psychology and Esoteric Teachings. Full-day workshop. 15th Annual ACEP International Conference. Reston, VA.

April: Teacher and Emcee

Four-day Transformational Healers Intensive. Denver, CO.

April: Teacher and Emcee

Full-day Transformational Healing Conference. Brussels, Belgium.

2012

November: Teacher and Emcee

Full-day Transformational Healing Conference. Munich, Germany.

December: Conference Presenter

EMDR, Energy Psychology & the Brain. Full-day Adverse Childhood Experience (ACE) Conference, SUNYA School of Social Work. Albany, NY

June: Breakout Presenter

Healing Soul Fragmentation with Energy Psychology. 14th Annual ACEP International Conference. Reston, VA.

June: Teacher and Emcee

Four-day Transformational Healers Intensive. Albany, NY.

2011

October: Breakout Presenter

The Energy of Belief: Healing at Root Cause and Quantum Energy Shifts: A New Paradigm in Energy Healing (co-presented with Yulia Cohen). 11th Annual Toronto Energy Psychology Conference. Toronto, Canada.

September: Teacher and Emcee

Full-day Transformational Healing Conference. Denver, CO.

September-October: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

June: Conference Presenter

Beyond Technique: Integrating Energy Psychology & Spirituality. 13th Annual ACEP International Conference. Reston, VA.

June: Breakout Presenter

No Part Left Behind: Reintegrating the Soul with Energy Psychology. 13th Annual ACEP International Conference. Reston, VA.

May: Teacher and Emcee

Full-day Transformational Healing Conference. Chicago, IL.

2010

December: Breakout Presenter

Beyond Technique: Integrating Energetic & Spiritual Concepts to Heal at Root Cause. 22nd Annual

National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

September-October: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

June: Breakout Presenter

Beyond Technique: Healing at Root Cause. 12th Annual ACEP International Conference. San Diego, CA.

2009

December: Breakout Presenter

The Energy of Change: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs. 21st Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

September-October: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

September: Co-presenter

With Her Holiness Sai Maa & Rebecca Anderson, DO. Three-day Transformational Healing Conference. Albany, NY.

June: Co-presenter

With Her Holiness Sai Maa & Rebecca Anderson, DO. Three-day Transformational Healing Conference. Boulder, CO.

May: Breakout Presenter

If I Create My Own Reality Why are You Still Here: Relationships as Mirrors. 11th Annual ACEP International Conference. Orlando, FL.

March: Workshop Presenter

Taught two-day conference integrating EP into clinical practice. Alberta Society of Energy Therapies Annual Conference. Edmonton, Canada.

2008

November: Breakout Presenter

The Energy of Belief: Identifying & Releasing the Blocking Beliefs of the Practitioner. Toronto Energy Psychology Conference. Toronto, Canada.

June: Breakout Presenter

Acupressure for Emotional Regulation: Integrating Energy Psychology into the Treatment of Trauma. 19th Annual International Trauma Conference. Boston, MA.

May: Breakout Presenter

The Energy of Belief: Identifying & Releasing the Blocking Beliefs of the Practitioner. 10th Annual ACEP International Conference. Albuquerque, NM.

March-April: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

February: Guest Lecturer

Touch & Breathe: A Mindful Energy Psychology Approach. Monthly Lecture Series, Trauma Center at the Justice Resource Institute. Brookline, MA.

January: Facilitate Staff Training Day

Touch & Breathe: A Mindful Energy Psychology Method. Cornell University, Crisis Management/Student Support Team. Ithaca, NY.

2007

December: Breakout Presenter

The Energy of Change: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs. 19th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

October: Breakout Presenter

Shamans in the 21st Century: Integrating Energy Psychology into the Reclaiming of the Soul. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

When Talking & Trying Aren't Enough: Energy Psychology for Self-Defeating Thoughts & Behaviors. TCM World Foundation Building Bridges of Integration for Traditional Chinese Medicine Conference. Chantilly, VA.

April: Breakout Presenter

Shamans in the 21st Century: Integrating Energy Psychology into the Reclaiming of the Soul. 9th Annual ACEP International Conference. Chantilly, VA.

March-April: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

2006

December: Keynote Presenter

Dissociation Demystified. Grand Rounds, Albany Medical College. Albany, NY.

December: Breakout Presenter

Where was God? 18th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

October: Keynote Presenter

Trauma Treatment in the 21st Century. Northeast Parent & Child Clinical Day. Schenectady, NY.

October: Breakout Presenter

Transforming Trauma with Thought Field Therapy. Empire State College & Parsons Child and Family Center 40th Annual Fall Institute. Albany, NY.

May-June: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

May: Breakout Presenter

If I Create My Own Reality, Why Is My Life Such a Mess? 8th Annual ACEP International Conference. Santa Clara, CA.

May: Pre-Conference Presenter

Integrating Energy Psychology into the Treatment of Trauma. Full-day workshop. 8th Annual ACEP International Conference. Santa Clara, CA.

2005

December: Breakout Presenter

Where was God? 17th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

November: Breakout Presenter

If I Create My Own Reality, Why is My Life Such a Mess? Toronto Energy Psychology Conference. Toronto, Canada.

October: Post-Conference Presenter

Integrating Tapas Acupressure Technique (TAT) into the Treatment of Multiply Traumatized Patients. Full-day workshop. TAT Annual Symposium. Redondo Beach, CA.

May: Breakout Presenter

Where the Bleep was God? Reconnecting with God after Trauma. Center for Spirituality and Psychotherapy 5th Annual Conference. New York, NY.

April: Breakout Presenter

Where the Bleep was God? Reconnecting with God after Trauma. 7th Annual ACEP International Conference. Baltimore, MD.

February-March: Course Instructor

Integrating Energy Psychology into the Treatment of Trauma. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

2004

November: Breakout Presenter

Where the Bleep was God? Reconnecting With God after Trauma. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

Using Thought Field Therapy for Trauma. Empire State College & Parsons Child and Family Center 38th Annual Fall Institute. Albany, NY.

October: Breakout Presenter

What Do I Do Now? Strategies for Dealing with Complex Cases. Association for Thought Field Therapy Annual Conference. San Diego, CA.

June: Guest Speaker

With Bessel van der Kolk, M.D. Presenting videotape on using Thought Field Therapy with a robbery victim. Siena College. Loudonville, NY.

May: Breakout Presenter
With Bessel van der Kolk, M.D. *The Brain Meets Energy Psychology*. 6th Annual ACEP International Conference. Phoenix, AZ.

April: Keynote Presenter
Communication. Northeast NY EAP Professional Development Day. Schenectady, NY.

2003

October: Breakout Presenter
What Do I Do Now? Strategies for Dealing with Complex Cases. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter
Using Thought Field Therapy for Trauma. Empire State College & Parsons Child and Family Center 37th Annual Fall Institute. Albany, NY.

May: Breakout Presenter
What Do I Do Now? Strategies for Dealing with Complex Cases. 5th Annual ACEP International Conference. Phoenix, AZ.

2002

November: Breakout Presenter
Timing is Everything: Strategies for using TFT with Multiply Traumatized Patients. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter
Timing is Everything: Strategies for using TFT with Multiply Traumatized Patients. Association for Thought Field Therapy Annual Conference. San Diego, CA.

September: Breakout Presenter
Accupressure for Affect Regulation. Empire State College & Parsons Child and Family Center 36th Annual Fall Institute. Albany, NY.

May: Breakout Presenter
Transforming the Terror of Trauma. 4th Annual ACEP International Conference. Phoenix, AZ.

April: Keynote Speaker
Alternative Therapies for the Mind. 2nd Annual Complementary Therapy Conference, Healing and Wholeness in the 21st Century. Albany, NY.

April: Guest Speaker
With Bessel van der Kolk, M.D. *Demonstrating Thought Field Therapy with a WTC Survivor*. 29th Annual Van Benthuyzen Memorial Seminar. Albany, NY.

2001

November: Breakout Presenter
Why Can't I Remember What Happened? The Neurobiology of Trauma and Implications for Treatment. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

Anger, Affirmations and Acupressure. Empire State College & Parsons Child and Family Center 35th Annual Fall Institute. Albany, NY.

July: Breakout Presenter

Timing is Everything: Strategies for Safe Trauma Treatment. European Energy Psychology Conference. Lake Lucerne, Switzerland.

May: Breakout Presenter

Why Can't I Remember What Happened? The Neurobiology of Trauma and Implications for Treatment. 3rd Annual ACEP International Conference. San Diego, CA.

April: Keynote Presenter

Alternative Therapies for the Mind. Northeast NY EAP Professional Development Day. Schenectady, NY.

2000

November: Breakout Presenter

Timing is Everything: Strategies for Safe Trauma Treatment. Toronto Energy Psychology Conference. Toronto, Canada.

May: Breakout Presenter

Transforming Trauma: The Fine Print. 2nd Annual ACEP International Conference. Las Vegas, NV.

1999

October: Breakout Presenter

Processing Trauma Using the Energy System. Empire State College & Parsons Child and Family Center 33rd Annual Fall Institute. Albany, NY.

May: Keynote Presenter

Introduction to Thought Field Therapy. Northeast NY EAP Professional Luncheon. Schenectady, NY.

January: Keynote Speaker

Gentle Techniques for Transforming Trauma. Capital District Sexual Assault Survivors Task Force Conference. Albany, NY.

1998

November: Breakout Presenter

Introduction to Thought Field Therapy. Empire State College & Parsons Child and Family Center 32nd Annual Fall Institute. Albany, NY.

REFERENCES

Furnished upon request.