

## MARY T. SISE, LCSW, D.CEP

596 New Loudon Road, Latham, New York 12110

www.MarySise.com | (518) 785-8576



### EDUCATION

Bachelor of Arts Degree in Sociology (1974)

Siena College, Loudonville, New York

Masters Degree in Social Work (1988)

State University of New York at Albany

### POST-GRADUATE TRAINING

Diplomate – Comprehensive Energy Psychology (D.CEP)

Teacher of Transformational Healing by Her Holiness Sai Maa

Qigong by Grandmaster Professor Xi-Hau Xu and Master Nan Lu

Eye Movement Desensitization & Reprocessing (EMDR) – Level 2

Reiki – Master Level

Thought Field Therapy – Diagnostic Level. Trained by developer Roger Callahan, Ph.D.

Tapas Acupressure Techniques – by Tapas Fleming L.Ac

### PUBLICATIONS

#### **Books**

**Tapping the Panic out of Pandemic:** Amazon Kindle. (July 2020).

**The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs**

Co-Author Sheila Sidney Bender, Ph.D. Fulton: Energy Psychology Press (Elite Books) (2007)

#### **Contributions & Published Articles**

“Integrating EFT and Traditional Trauma Treatment: A Four Staged Model for Safely Treating Trauma”

Book Chapter 10 in **Clinical EFT Handbook: A Definitive Resource for Practitioners, Scholars, Clinicians and Researchers: Volume 1**; Editors Dawson Church and Stephanie Marohn. Fulton: Energy Psychology Press (2013)

“Critical Thinking in the Energy Therapies: Comments on Gaudio et al. (2012)”

with Eric Leskowitz, Harvard Medical School, Department of Psychiatry, Boston, MA; Phyllis K. Stein, Washington University School of Medicine, Division of Cardiology, St. Louis, MO; Anthony Tranguch, Columbia University College of Physicians and Surgeons, Department of Psychiatry, New York, NY. *Energy Psychology Journal (Volume 6, Number 1)*, May 2014.

#### **Educational & Training Videos**

“Using TFT with a World Trade Center Survivor”

Clinical Training Video

“Transforming Trauma with TFT”

Clinical Training Video

“Thought Field Therapy for Stress Management and Peak Performance”

General Education Video

## MEMBERSHIPS AND ASSOCIATIONS

Association for Comprehensive Energy Psychology (ACEP) 1999-present  
Past President (2004-2006) and Board of Director (2000 – 2007)  
National Association of Social Workers (1987-present)

## RECENT EMPLOYMENT

### **Center for Integrative Psychotherapy/Center for Healing & Transformation, Latham, NY** (2004-present)

Founder and Director

- Provide training for professionals and education for the public through the delivery of educational tools, workshops and events on topics related to healing the mind, body and spirit.
- Sponsor and manage speakers and events geared toward educating professionals and the general public in healing and energy work.
- Train clinicians and public (at basic level) to use Energy Psychology (EP) methods.
- Facilitate ongoing consultation/supervision group to support incorporating EP methods into clinical practice.
- Present and teach at conferences nationally and internationally on using energy therapies for trauma.

*Of note: Trained hundreds of clinicians in EP methods. Developed one-day training and eight-week online course on using energy therapies for multiply traumatized patients. Collaborated with Siena College to bring internationally known speakers to the Capital Region.*

### **Private Practice, Latham, NY** (2000-present)

Clinical Social Worker

Caseload includes patients with a variety of clinical issues. Specialize in the area of EP — using the energy systems of the body to process traumatic events, reduce stress, and reprogram negative childhood beliefs.

### **Magdalena Practitioner Certification Program** (2017-present)

Program Director

- Develop an international certification program for Her Holiness Sai Maa
- Create coursework and operational management for this program
- Travel internationally to prepare students to be ready to receive initiations into these energies

### **Transformational Healers Program, Denver, CO** (2009-2016)

Program Director

- Provide strategic vision and operational management for Her Holiness Sai Maa's Transformational Healers Program.
- Travel internationally with Sai Maa and teach on the spiritual and energetic dimensions of health and healing.
- Lead monthly conference calls in four languages for hundreds of healers around the world to support them in their work.

*Of note: Developed and supervised a multi-year, certified internship program for healers working in diverse medical or healing modalities (MDs, RNs, LCSWs, PhDs, LMTs, etc.) who*

wish to study intensely with Sai Maa. Clinically supervised three levels of internship students totaling over 100 students from 9 countries in three languages.

**Siena College, Loudonville, NY (2001-2004)**

Adjunct Professor, Department of Social Work

Taught Interpersonal Communications for the Social Work Department. Supervised field placements for students as needed.

**Community Health Plan/Kaiser Permanente/Community Care Physicians, Latham, NY (1991-2000)**

Clinical Social Worker

Provided individual and group therapy for patients served by a health maintenance organization. Carried a clinical caseload of 30 individual patients per week and two therapy groups. Specialized in treatment of post-traumatic stress disorder (PTSD) and Dissociative Disorders. Facilitated a therapy group for patients diagnosed with Borderline Personality Disorder.

## CONFERENCES AND PRESENTATIONS:

### 2021

November: The Shift Network: Energy Medicine Summit. *The Healing Power of Your Presence*

September: Teacher, Program Lead

*Magdalena Module 3: Technique & Methods.* Three-day virtual training for groups in Europe, South America, US/Canada.

June: Teacher, Program Lead

*Magdalena Module 2: Deepening into the Path of Initiation.* Three day virtual training for groups in Europe, South America and US/Canada

March: Teacher, Program Lead

*Magdalena Module 1: Purifying the Personality.* Three day virtual training for groups in Europe, South America and US/Canada

### 2020

September: Teacher, Program Lead

*Magdalena Module 3: Technique & Methods.* Three-day virtual training for groups in Europe, South America, US/Canada.

July: Teacher

NASW, New York State. *Tapping the Panic out of Pandemic: Learn a Simple, Proven Technique to Help Fearlessly Navigate Uncertain Times.* Webinar

June: Teacher, Program Lead

*Magdalena Module 2: Deepening into the Path of Initiation.* Three day virtual training for groups in Europe, South America and US/Canada

May: Conference Presenter  
*Disease As a Doorway. With Adam Rizvi, MD.* Full-day workshop. 20th Annual ACEP International Conference. Virtual

March: Teacher, Program Lead  
*Magdalena Module 1: Purifying the Personality.* Three day virtual training for groups in Europe, South America and US/Canada

## 2019

November: Teacher, Program Lead  
Magdalena Program: Week-long tour of Jerusalem.

September: Teacher, Program Lead  
*Magdalena Module 3: Technique & Methods.* Three-day training. Albany NY, Marseilles France.

August: Teacher  
"Awakened Healing" with Dr. Adam Rizvi. Albany, NY

June: Teacher, Program Lead  
*Magdalena Module 2: Deepening Into the Path of Initiation.* Three-day training. Mullingar, Ireland & Kansas City, Mo.

May: Conference Presenter  
*Safe Trauma Treatment: Critical Information Energy Practitioners Need to Know.* Full-day workshop. 19th Annual ACEP International Conference. Santa Fe, NM.

May: Conference Presenter  
*I Never Said That! How the Pain of the Past Distorts Communication.* 19th Annual ACEP International Conference. Santa Fe, NM.

April: Teacher, Program Lead  
Magdalena Program: Teaching Week-long tour South of France

March: Teacher, Program Lead  
*Magdalena Module 1: Purifying the Personality.* Three-day training. Brussels, Belgium & Albany, NY

## 2018

September: Teacher, Program Lead  
*Magdalena Module 3: Technique & Methods.* Three-day training. Albany NY, Mullingar, Ireland.

June: Teacher  
Embodying Magdalena Frequencies for the Business/Coaching Teaching Professional. Three-day training. Albany, NY.

May: Invited Conference Presenter  
*You Matter More than You Think! Ted Talk Style* 20th Annual ACEP International Conference. Orlando, FL.

May: Teacher, Program Lead  
*Magdalena Module 2: Deepening Into the Path of Initiation.* Three day training. Galway, Ireland & Albany, NY.

April: Guest Lecturer  
*Trauma Treatment.* College of St. Rose, Albany, NY.

March: Guest Lecturer  
*Demystifying Dissociation.* Albany Medical College Department of Psychiatry. NY.

March: Teacher, Program Lead  
*Magdalena Module 1: Purifying the Personality.* Three day training. Brussels, Belgium & Denver CO.

## **2017**

October: Teacher, Program Lead  
*Magdalena Module 3: Technique & Methods.* Three day training. Albany NY, Denver CO. & Brussels, Belgium.

May: Guest Speaker  
Trauma Consultation Hour: *Working with Challenging Cases.* Pinnacle Behavioral Health, Albany, NY.

May: Teacher, Program Lead  
*Magdalena Module 2: Deepening Into the Path of Initiation.* Three day training. Brussels, Belgium, Albany, NY & Denver, CO.

May: Conference Presenter  
*The Sacred Role of the Healer:* Full-day workshop. 18th Annual ACEP International Conference. San Antonio, TX.

May: Breakout Conference Presenter  
*Reclaiming the Heart:* 18th Annual ACEP International Conference. San Antonio, Tx.,

April: Guest Lecturer  
*Demystifying Dissociation.* Albany Medical College Department of Psychiatry NY.

March: Teacher, Program Lead  
*Magdalena Module 1: Purifying the Personality.* Three day training. Brussels, Belgium, Denver, CO & Albany, NY.

## **2016**

April: Guest Lecturer  
*Demystifying Dissociation.* Albany Medical College Department of Psychiatry

March: Guest Lecturer  
*Trauma Treatment.* SUNY School of Social Welfare. Albany, NY.

## **2015**

August: Teacher and Emcee  
Full-day Transformational Healing Conference. Philadelphia, PA.

July: Teacher and Emcee  
Full-day Transformational Healing Conference. Brussels, Belgium.

May: Conference Presenter

*Embodying the Presence: A Day for Healers. The Soul of Healing:* Full-day workshop. 17th Annual ACEP International Conference. Reston, VA.

May: Featured Panelist

*The Big Questions in Energy Psychology.* 17th Annual ACEP International Conference. Reston, VA.

April: Main Conference Presenter

*The Sacred Role of the Healer: Beyond Technique, Methodology & Theory.* South Carolina Society for Clinical Social Workers, Greenville, SC.

March: Teacher and Emcee

Four-day Transformational Healers Intensive. Naples, FL.

January: Weeklong Conference Presenter

*The Ultimate Brain Hack: Zap Your Beliefs and Get a Life.* Omega Institute, Costa Rica.

## **2014**

September: Keynote Presenter

*Children, Trauma & Neuroscience.* Full-day Kinship Navigator, Mid-Hudson Valley Summit. New Paltz, NY.

July: Teacher and Emcee

Full-day Transformational Healing Conference. Brussels, Belgium.

June: Breakout Presenter

*Align with the Divine: The Sacred Role of the Healer.* 16th Annual Association for Comprehensive Energy Psychology (ACEP) International Conference. Chandler, AZ.

May: Teacher and Emcee

Three-day Transformational Healers Intensive. Albany, NY.

March: Keynote Presenter

*Rewire Your Brain: Practical Implications of Brain Research.* Full-day Adverse Childhood Experiences (ACEs) Trauma & Response: A Capital District Symposium. Albany, NY.

February: Teacher and Emcee

Full-day Transformational Healing Conference. Miami, FL.

## **2013**

November: Breakout Presenter

*Beyond Technique: The Sacred Role of the Healer and Touch & Breathe to Release Blocking Beliefs.* Five-day Holistic Healing Cruise Evolving Conscious Community.

October: Keynote Presenter

*The Trauma/Pain Connection.* Full-day Northeast Regional Biofeedback Society 2013 Annual Conference. Albany, NY.

September: Teacher and Emcee

Full-day Transformational Healing Conference. Brussels, Belgium.

June: Teacher and Emcee  
Full-day Transformational Healing Conference. Albany, NY.

May: Breakout Presenter  
*Emptiness Walking: Reclaiming the Soul after Trauma*. 15th Annual ACEP International Conference. Reston, VA.

May: Conference Presenter  
*The Soul of Healing: Integrating Energy Psychology and Esoteric Teachings*. Full-day workshop. 15th Annual ACEP International Conference. Reston, VA.

April: Teacher and Emcee  
Four-day Transformational Healers Intensive. Denver, CO.

April: Teacher and Emcee  
Full-day Transformational Healing Conference. Brussels, Belgium.

## **2012**

November: Teacher and Emcee  
Full-day Transformational Healing Conference. Munich, Germany.

December: Conference Presenter  
*EMDR, Energy Psychology & the Brain*. Full-day Adverse Childhood Experience (ACE) Conference, SUNYA School of Social Work. Albany, NY

June: Breakout Presenter  
*Healing Soul Fragmentation with Energy Psychology*. 14th Annual ACEP International Conference. Reston, VA.

June: Teacher and Emcee  
Four-day Transformational Healers Intensive. Albany, NY.

## **2011**

October: Breakout Presenter  
*The Energy of Belief: Healing at Root Cause and Quantum Energy Shifts: A New Paradigm in Energy Healing* (co-presented with Yulia Cohen). 11th Annual Toronto Energy Psychology Conference. Toronto, Canada.

September: Teacher and Emcee  
Full-day Transformational Healing Conference. Denver, CO.

September-October: Course Instructor  
*Integrating Energy Psychology into the Treatment of Trauma*. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

June: Conference Presenter  
*Beyond Technique: Integrating Energy Psychology & Spirituality*. 13th Annual ACEP International Conference. Reston, VA.

June: Breakout Presenter  
*No Part Left Behind: Reintegrating the Soul with Energy Psychology*. 13th Annual ACEP International Conference. Reston, VA.

May: Teacher and Emcee  
Full-day Transformational Healing Conference. Chicago, IL.

## **2010**

December: Breakout Presenter  
*Beyond Technique: Integrating Energetic & Spiritual Concepts to Heal at Root Cause.* 22nd Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

September-October: Course Instructor  
*Integrating Energy Psychology into the Treatment of Trauma.* Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

June: Breakout Presenter  
*Beyond Technique: Healing at Root Cause.* 12th Annual ACEP International Conference. San Diego, CA.

## **2009**

December: Breakout Presenter  
*The Energy of Change: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs.* 21st Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

September-October: Course Instructor  
*Integrating Energy Psychology into the Treatment of Trauma.* Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

September: Co-presenter  
With Her Holiness Sai Maa & Rebecca Anderson, DO. Three-day Transformational Healing Conference. Albany, NY.

June: Co-presenter  
With Her Holiness Sai Maa & Rebecca Anderson, DO. Three-day Transformational Healing Conference. Boulder, CO.

May: Breakout Presenter  
*If I Create My Own Reality Why are You Still Here: Relationships as Mirrors.* 11th Annual ACEP International Conference. Orlando, FL.

March: Workshop Presenter  
Taught two-day conference integrating EP into clinical practice. Alberta Society of Energy Therapies Annual Conference. Edmonton, Canada.

## **2008**

November: Breakout Presenter  
*The Energy of Belief: Identifying & Releasing the Blocking Beliefs of the Practitioner.* Toronto Energy Psychology Conference. Toronto, Canada.

June: Breakout Presenter  
*Acupressure for Emotional Regulation: Integrating Energy Psychology into the Treatment of Trauma.* 19th Annual International Trauma Conference. Boston, MA.



May: Breakout Presenter

*The Energy of Belief: Identifying & Releasing the Blocking Beliefs of the Practitioner.* 10th Annual ACEP International Conference. Albuquerque, NM.

March-April: Course Instructor

*Integrating Energy Psychology into the Treatment of Trauma.* Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

February: Guest Lecturer

*Touch & Breathe: A Mindful Energy Psychology Approach.* Monthly Lecture Series, Trauma Center at the Justice Resource Institute. Brookline, MA.

January: Facilitate Staff Training Day

*Touch & Breathe: A Mindful Energy Psychology Method.* Cornell University, Crisis Management/Student Support Team. Ithaca, NY.

## **2007**

December: Breakout Presenter

*The Energy of Change: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs.* 19th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

October: Breakout Presenter

*Shamans in the 21st Century: Integrating Energy Psychology into the Reclaiming of the Soul.* Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

*When Talking & Trying Aren't Enough: Energy Psychology for Self-Defeating Thoughts & Behaviors.* TCM World Foundation Building Bridges of Integration for Traditional Chinese Medicine Conference. Chantilly, VA.

April: Breakout Presenter

*Shamans in the 21st Century: Integrating Energy Psychology into the Reclaiming of the Soul.* 9th Annual ACEP International Conference. Chantilly, VA.

March-April: Course Instructor

*Integrating Energy Psychology into the Treatment of Trauma.* Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

## **2006**

December: Keynote Presenter

*Dissociation Demystified.* Grand Rounds, Albany Medical College. Albany, NY.

December: Breakout Presenter

*Where was God?* 18th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

October: Keynote Presenter

*Trauma Treatment in the 21st Century.* Northeast Parent & Child Clinical Day. Schenectady, NY.

October: Breakout Presenter

*Transforming Trauma with Thought Field Therapy.* Empire State College & Parsons Child and Family Center 40th Annual Fall Institute. Albany, NY.

May-June: Course Instructor

*Integrating Energy Psychology into the Treatment of Trauma*. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

May: Breakout Presenter

*If I Create My Own Reality, Why Is My Life Such a Mess?* 8th Annual ACEP International Conference. Santa Clara, CA.

May: Pre-Conference Presenter

*Integrating Energy Psychology into the Treatment of Trauma*. Full-day workshop. 8th Annual ACEP International Conference. Santa Clara, CA.

## **2005**

December: Breakout Presenter

*Where was God?* 17th Annual National Institute for the Clinical Application of Behavioral Medicine (NICABM) Conference. Hilton Head, SC.

November: Breakout Presenter

*If I Create My Own Reality, Why is My Life Such a Mess?* Toronto Energy Psychology Conference. Toronto, Canada.

October: Post-Conference Presenter

*Integrating Tapas Acupressure Technique (TAT) into the Treatment of Multiply Traumatized Patients*. Full-day workshop. TAT Annual Symposium. Redondo Beach, CA.

May: Breakout Presenter

*Where the Bleep was God? Reconnecting with God after Trauma*. Center for Spirituality and Psychotherapy 5th Annual Conference. New York, NY.

April: Breakout Presenter

*Where the Bleep was God? Reconnecting with God after Trauma*. 7th Annual ACEP International Conference. Baltimore, MD.

February-March: Course Instructor

*Integrating Energy Psychology into the Treatment of Trauma*. Eight week online course. National Institute for the Clinical Application of Behavioral Medicine (NICABM).

## **2004**

November: Breakout Presenter

*Where the Bleep was God? Reconnecting With God after Trauma*. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

*Using Thought Field Therapy for Trauma*. Empire State College & Parsons Child and Family Center 38th Annual Fall Institute. Albany, NY.

October: Breakout Presenter

*What Do I Do Now? Strategies for Dealing with Complex Cases*. Association for Thought Field Therapy Annual Conference. San Diego, CA.

June: Guest Speaker

With Bessel van der Kolk, M.D. Presenting videotape on using Thought Field Therapy with a robbery victim. Siena College. Loudonville, NY.

May: Breakout Presenter

With Bessel van der Kolk, M.D. *The Brain Meets Energy Psychology*. 6th Annual ACEP International Conference. Phoenix, AZ.

April: Keynote Presenter

*Communication*. Northeast NY EAP Professional Development Day. Schenectady, NY.

## **2003**

October: Breakout Presenter

*What Do I Do Now? Strategies for Dealing with Complex Cases*. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

*Using Thought Field Therapy for Trauma*. Empire State College & Parsons Child and Family Center 37th Annual Fall Institute. Albany, NY.

May: Breakout Presenter

*What Do I Do Now? Strategies for Dealing with Complex Cases*. 5th Annual ACEP International Conference. Phoenix, AZ.

## **2002**

November: Breakout Presenter

*Timing is Everything: Strategies for using TFT with Multiply Traumatized Patients*. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter

*Timing is Everything: Strategies for using TFT with Multiply Traumatized Patients*. Association for Thought Field Therapy Annual Conference. San Diego, CA.

September: Breakout Presenter

*Accupressure for Affect Regulation*. Empire State College & Parsons Child and Family Center 36th Annual Fall Institute. Albany, NY.

May: Breakout Presenter

*Transforming the Terror of Trauma*. 4th Annual ACEP International Conference. Phoenix, AZ.

April: Keynote Speaker

*Alternative Therapies for the Mind*. 2nd Annual Complementary Therapy Conference, Healing and Wholeness in the 21st Century. Albany, NY.

April: Guest Speaker

With Bessel van der Kolk, M.D. *Demonstrating Thought Field Therapy with a WTC Survivor*. 29th Annual Van Benthuyzen Memorial Seminar. Albany, NY.

## **2001**

November: Breakout Presenter

*Why Can't I Remember What Happened? The Neurobiology of Trauma and Implications for Treatment*. Toronto Energy Psychology Conference. Toronto, Canada.

October: Breakout Presenter  
*Anger, Affirmations and Acupressure*. Empire State College & Parsons Child and Family Center 35th Annual Fall Institute. Albany, NY.

July: Breakout Presenter  
*Timing is Everything: Strategies for Safe Trauma Treatment*. European Energy Psychology Conference. Lake Lucerne, Switzerland.

May: Breakout Presenter  
*Why Can't I Remember What Happened? The Neurobiology of Trauma and Implications for Treatment*. 3rd Annual ACEP International Conference. San Diego, CA.

April: Keynote Presenter  
*Alternative Therapies for the Mind*. Northeast NY EAP Professional Development Day. Schenectady, NY.

## **2000**

November: Breakout Presenter  
*Timing is Everything: Strategies for Safe Trauma Treatment*. Toronto Energy Psychology Conference. Toronto, Canada.

May: Breakout Presenter  
*Transforming Trauma: The Fine Print*. 2nd Annual ACEP International Conference. Las Vegas, NV.

## **1999**

October: Breakout Presenter  
*Processing Trauma Using the Energy System*. Empire State College & Parsons Child and Family Center 33rd Annual Fall Institute. Albany, NY.

May: Keynote Presenter  
*Introduction to Thought Field Therapy*. Northeast NY EAP Professional Luncheon. Schenectady, NY.

January: Keynote Speaker  
*Gentle Techniques for Transforming Trauma*. Capital District Sexual Assault Survivors Task Force Conference. Albany, NY.

## **1998**

November: Breakout Presenter  
*Introduction to Thought Field Therapy*. Empire State College & Parsons Child and Family Center 32nd Annual Fall Institute. Albany, NY.

## **REFERENCES**

Furnished upon request.